

**Long Beach Department of Health and Human Services
Immunization Program**

Flu Shot Clinics

with the assistance of Red Cross Volunteer Services



Flu shots for those 60 years and older and 18-59 with chronic health conditions such as:

- Diabetes
- Asthma, cystic fibrosis or other respiratory disease
- Heart or kidney disease
- Weakened immune system due to HIV/AIDS, long-term drug therapy or cancer treatment
- Pregnant women (must bring a doctor's written approval)

2006 Flu Clinic Schedule

Long Beach Senior Center, 1150 E. 4 th St.	Tues., Oct. 24	9 a.m.-12 p.m.
Houghton Park, 6301 Myrtle Ave.	Thurs., Oct. 26	9 a.m.-12 p.m.
El Dorado Park, 2800 Studebaker Rd.	Thurs., Nov. 2	9 a.m.-12 p.m.
American Gold Star Manor, Spring at Santa Fe	Thurs., Nov. 9	9 a.m.-12 p.m.
California Recreation Center, 1550 Martin Luther King, Jr. Ave.	Tues., Nov. 14	9 a.m.-12 p.m.
Long Beach Health Dept., 2525 Grand Ave.	Thurs., Nov. 16	9 a.m.-12 p.m.
Long Beach Health Dept., 2525 Grand Ave.	Tues.; Thurs., Nov. 28; 30	1-4 p.m.
\$2 donation or Medicare Part B accepted (Bring your Medicare card)		

No appointment needed

If you would like to guarantee your arrival time, call the flu hotline any Monday or Wednesday, 9 a.m.-1 p.m., through November

(562) 570-4270